5 INSPIRING AND ENGAGING YOUR FAMILY IN FAITH







Faith from the Garden

We are part of the beautiful intricate web of creation. We care for the things God has made, and we also notice how God cares for us through these same things. May the following idea inspire your family prayer time around the wonders of God's creation.

Prepare some soil and a space in your garden or gather some small pots. Gather some seedlings - sunflowers, lettuce and tomatoes are good and easy choices to grow. Show children how to pull weeds. Ask them to imagine God is doing the same work in their hearts. How is God preparing you? What weeds do you need to make room for God to work in your life?

Take time to imagine what the garden will look like together.

Will it be a bounty of beautiful flowers or rows of tomatoes?

Reflect together on the power of a seed. A tiny seed if given water and sunlight is powerful.

Encourage each other to look after their seeds by watering them and pulling out weeds. Create some plant labels by painting rocks. Remember that fertiliser is an important step in gardening! After fertilising ask your children to think about the good things they can add to their daily lives that help their love for God to grow.

More conversation starters: Together think about some of the situations in the world where peace is needed. Thank God for the people who help bring peace to our world. What are some of the situations in the world where peace is needed? How can you offer peace to others?

Patience is often the challenging part! Waiting for tiny seeds to become plants is a test of patience for both grown ups and children alike! Where do we need patience in our lives? Keep a gardening journal recording or illustrating what you see, starting with when you planted the seeds, following through over the weeks of growth.

Pray: Loving God, we ask you to bless our garden with rain, sun and pollinating bees! We pray that you will continue to work goodness in our hearts in the same way. We pray for patience as we wait for our garden to grow. Amen.



