## Mk 1:12-15

A reading from the Holy Gospel according to Mark

He was tempted by Satan, and the angels looked after him.

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'



Jesus was tempted in the desert, but stood up for what He believed.

Do you stand up for what you believe - are you spreading the Good News?

## St Kevin's Primary School

The following is what members of Middle C stand up for.

Say no to bullying.

Say no to racism.

Say no to peer pressure.

Say no to pollution.

Say no to taking other people's property.

**Step up** and help someone who is hurt.

Step up and help someone in need.

**Step up** and be your best.

Step up and take time to pray to God.

Step up and help the environment.

**Step up** and care for animals.

Step up and experience other cultures.

Step up and say sorry when you have done wrong, do something about it.

Step up and admit when you are wrong - it's O.K, everyone makes mistakes!

**Step up** and change your mindset.

**Step up** and make a difference.

Step up and be respectful to others.

Step up and challenge yourself.