

Third Sunday of Advent B

First Reading

Is 61:1-2. 10-11

A reading from the prophet Isaiah

I exult for joy in the Lord.

The spirit of the Lord has been given to me,
for the Lord has anointed me.

He has sent me to bring good news to the poor,
to bind up hearts that are broken;

to proclaim liberty to captives,
freedom to those in prison;
to proclaim a year of favour from the Lord.

'I exult for joy in the Lord,
my soul rejoices in my God,
for he has clothed me in the garments of salvation,
he has wrapped me in the cloak of integrity,
like a bridegroom wearing his wreath,
like a bride adorned in her jewels.

'For as the earth makes fresh things grow,
as a garden makes seeds spring up,
so will the Lord make both integrity and praise
spring up in the sight of the nations.'

Responsorial Psalm

Lk 1:46-50. 53-54. R. Is 61:10

(R.) My soul rejoices in my God.

1. My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her nothingness;
henceforth all ages will call me blessed. (R.)
2. The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him. (R.)
3. He fills the starving with good things,
sends the rich away empty.
He protects Israel, his servant,
remembering his mercy. (R.)

Second Reading

1 Thes 5:16-24

A reading from the first letter of St Paul to the Thessalonians

May you all be kept blameless, spirit, soul and body, for the coming of our Lord Jesus Christ.

Be happy at all times; pray constantly; and for all things give thanks to God, because this is what God expects you to do in Christ Jesus.

Never try to suppress the Spirit or treat the gift of prophecy with contempt; think before you do anything – hold on to what is good and avoid every form of evil.

May the God of peace make you perfect and holy; and may you all be kept safe and blameless, spirit, soul and body, for the coming of our Lord Jesus Christ. God has called you and he will not fail you.

Gospel Acclamation

Is 61:1 (Lk 4:18)

Alleluia, alleluia!

The Spirit of the Lord is upon me;
he sent me to bring Good News to the poor.
Alleluia!