

If you are burdened, I will give you rest

14th Sunday in Ordinary Time, Year A

In the box below, write down some things that are burdens which people carry in their lives.





Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

Find out what Jesus said to his followers by using the words below to complete the sentences.



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Come to me all who labour.

I will give you rest.

I am gentle and humble of heart.

My yoke is easy.

My burden is light.

heart gentle labour Come yoke light rest