

# Fourth Sunday of Lent A

## First Reading

1 Sm 16:1. 6-7. 10-13

A reading from the first book of Samuel

*In the presence of the Lord God, they anointed David king of Israel.*

The Lord said to Samuel, 'Fill your horn with oil and go. I am sending you to Jesse of Bethlehem, for I have chosen myself a king among his sons.' When Samuel arrived, he caught sight of Eliab and thought, 'Surely the Lord's anointed one stands there before him,' but the Lord said to Samuel, 'Take no notice of his appearance or his height for I have rejected him; God does not see as man sees; man looks at appearances but the Lord looks at the heart.' Jesse presented his seven sons to Samuel, but Samuel said to Jesse, 'The Lord has not chosen these.' He then asked Jesse, 'Are these all the sons you have?' He answered, 'There is still one left, the youngest; he is out looking after the sheep.' Then Samuel said to Jesse, 'Send for him; we will not sit down to eat until he comes.' Jesse had him sent for, a boy of fresh complexion, with fine eyes and pleasant bearing. The Lord said, 'Come, anoint him, for this is the one.' At this, Samuel took the horn of oil and anointed him where he stood with his brothers; and the spirit of the Lord seized on David and stayed with him from that day on.

## Responsorial Psalm

Ps 22 R. v.1

(R.) The Lord is my shepherd; there is nothing I shall want.

1. The Lord is my shepherd;  
there is nothing I shall want.  
Fresh and green are the pastures  
where he gives me repose.  
Near restful waters he leads me,  
to revive my drooping spirit. (R.)
2. He guides me along the right path;  
he is true to his name.  
If I should walk in the valley of darkness  
no evil would I fear.  
You are there with your crook and your staff;  
with these you give me comfort. (R.)

3. You have prepared a banquet for me  
In the sight of my foes.  
My head you have anointed with oil;  
my cup is overflowing. (R.)
4. Surely goodness and kindness shall follow me  
all the days of my life.  
In the Lord's own house shall I dwell  
for ever and ever. (R.)

## Second Reading

Eph 5:8-14

A reading from the letter of St Paul to the Ephesians

*Rise from the dead, and Christ will shine on you.*

You were darkness once, but now you are light in the Lord; be like children of light, for the effects of the light are seen in complete goodness and right living and truth. Try to discover what the Lord wants of you, having nothing to do with the futile works of darkness but exposing them by contrast. The things which are done in secret are things that people are ashamed even to speak of; but anything exposed by the light will be illuminated and anything illuminated turns into light. That is why it is said:

Wake up from your sleep,  
rise from the dead,  
and Christ will shine on you.

## Gospel Acclamation

Jn 8:12

Glory to you, Word of God, Lord Jesus Christ!  
I am the light of the world, says the Lord;  
whoever follows me will have the light of life.  
Glory to you, Word of God, Lord Jesus Christ!