

Sunday 01 Sep 2019

Twenty-second Sunday in Ordinary Time C

First Reading

Sir 3:17-20, 28-29

A reading from the book of Ecclesiasticus

Humble yourself and you will find favour with the Lord.

My son, be gentle in carrying out your business,
and you will be better loved than a lavish giver.
The greater you are, the more you should behave humbly,
and then you will find favour with the Lord;
for great though the power of the Lord is,
he accepts the homage of the humble.
There is no cure for the proud man's malady,
since an evil growth has taken root in him.
The heart of a sensible man will reflect on parables,
an attentive ear is the sage's dream.

Responsorial Psalm

Ps 67:4-7. 10-11. R. v.11

(R.) God, in your goodness, you have made a home for the poor.

1. The just shall rejoice at the presence of God,
they shall exult and dance for joy.
O sing to the Lord, make music to his name;
rejoice in the Lord, exult at his presence. **(R.)**
2. Father of the orphan, defender of the widow,
such is God in his holy place.
God gives the lonely a home to live in;
he leads the prisoners forth into freedom. **(R.)**
3. You poured down, O God, a generous rain:
when your people were starved you gave them new life.
It was there that your people found a home,
prepared in your goodness, O God, for the poor. **(R.)**

Second Reading

Heb 12:18-19, 22-24

A reading from the letter to the Hebrews

You have to come to Mount Zion and to the city of the living God.

What you have come to is nothing known to the senses: not a blazing fire, or a gloom turning to total darkness, or a storm; or trumpeting thunder or the great voice speaking which made everyone that heard it beg that no more should be said to them. But what you have come to is Mount Zion and the city of the living God, the heavenly Jerusalem where the millions of angels have gathered for the festival, with the whole Church in which everyone is a 'first-born son' and a citizen of heaven. You have come to God himself, the supreme Judge, and been placed with spirits of the saints who have been made perfect; and to Jesus, the mediator who brings a new covenant.

Gospel Acclamation

Mt 11:29

Alleluia, alleluia!

Take my yoke upon you;

learn from me, for I am gentle and lowly in heart.

Alleluia!